

Seaton Primary School – Lunch Menu



Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Local Pork Sausages Hotdog, Wholemeal Roll DF	Organic Beef Bolognese DF	Local Roast Chicken DF, GF	Red Tractor Meatballs, Roasted Tomato Sauce DF	Sustainable Battered Fish Fillet DF
Option 2	Vegetable Sausage Hotdog, Wholemeal Roll Ve,	Vegan Lentil Bolognese Ve	Cheesy Broccoli and Cauliflower Cheese V	Veggie Meatballs Ve	Vegetable and Cheese Risotto Cake V
Option 3	Jacket Potato filled with a choice of West country Cheddar, Tuna Mayo, or Baked Beans	Jacket Potato filled with a choice of West Country Cheddar, Tuna Mayo, Baked Beans GF	Jacket Potato filled with a choice of West Country Cheddar, Tuna Mayo, Baked Beans GF	Jacket Potato filled with a choice of West Country Cheddar, Tuna Mayo, Baked Beans GF	Jacket Potato filled with a choice of West Country Cheddar, Salmon Mayo, Baked Beans GF
Side	Corn on the Cob Potato Wedges, Ketchup DF, Ve, GF	Carrots, Spaghetti, Homemade Bread Ve DF	Roast Potatoes, Peas, Green Beans and Gravy GF, DF, Ve	Pasta Twirls, Cucumber DF, Ve,	Oven Baked Chips, Baked Beans Ve, GF, DF
Pudding	Pineapple Sponge Cake or Fresh Fruit DF	Apple and Blackberry Crumble and Custard or Fresh Fruit	Plum Sponge Cake or Fresh Fruit DF	Chocolate Shortbread, Orange Wedge or Fresh Fruit DF	Oat Cookie or Fresh Fruit DF

Week starting: 12th, 26th September, 10th, 31st October, 14th, 28th November, 12th December V = Vegetarian, Ve = Vegan, GF = Gluten Free,
DF = Dairy Free

All our desserts are homemade in our school kitchen